



**Norwich & Norfolk Surgical Ltd**  
St Stephens Gate Medical Practice  
55 Wessex Street Norwich NR2 2TJ

Quality surgery in the community  
Tel: 01603 228686 (Option 5)

Email: [n2scontact@nhs.net](mailto:n2scontact@nhs.net)  
[www.n2surgical.co.uk](http://www.n2surgical.co.uk)

Date: <Today's date>

<Recipient Name>  
<Recipient Address>

Dear <Patient Name>,

Your optician has asked us to see you as you may have a cataract. We have arranged for your assessment to take place on:

<Appointments>

#### ABOUT YOUR APPOINTMENT

This appointment is to check your suitability to have your cataract surgery done at N2S.

Enclosed you'll find the **Cataract Pre-operation Information Pack** and **Cataract Information For Patients and Carers** guide. Please fill in any appropriate details as best as you can.

Your pupils will be dilated during the appointment. This can cause blurred vision for up to 24 hours so **please do not drive to this appointment, or drive/operate machinery during this time**. Your eyes may be quite sensitive to light following dilation, so you may wish to bring some sunglasses.

**Your Health:** Please bring an up-to-date list of any medication you're taking, along with a sample of urine in a sample pot, which you can obtain from your GP practice. *PLEASE NOTE: Not bringing a sample will result in us not offering you a surgery date until this has been received and tested.*

- If you have any mobility issues that we need to be aware of, please do let us know in advance.
- If you have had laser eye correction (LASIK/LASEK/SMILE/PRK etc) please bring any paperwork regarding the surgery with you.

**Your Glasses:** Please bring your most up-to-date prescription with you, and your current glasses.

- Soft contact lenses need to be removed two weeks before the assessment, and hard (RGP) lenses need to be removed four weeks prior to assessment (BOTH EYES PLEASE).

#### COVID-19 PRECAUTIONS: PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY ANY ISSUES COULD LEAD TO THE CANCELLATION OF YOUR APPOINTMENT

- We advise that you shield as much as possible in the time leading up to your appointment.
- Please arrive only 10 minutes before your appointment time to avoid congestion and please wear a face covering. If you arrive any earlier, you will be turned away.
- Only you will be permitted to enter the building, unless agreed prior due to care needs. Please let us know if you will need any assistance within the practice.

- You will be with us for approximately 1 hour. The family member/friend/carer bringing you can wait in the underground car park at the rear of the building. If they wish to drop you off and park elsewhere, please provide us with an up-to-date mobile number so we can call them once you're ready to be collected.
- On arrival you will be met by a member of N2S staff who will take your temperature before you enter the building. If your temperature is above 37.5 your appointment will be rescheduled. You will then be escorted upstairs to the patient waiting area, and will be escorted back down again afterwards.

**If you are unable to keep your appointment, or need to inform us of a change to your circumstances please contact us on one of the below methods as soon as possible:**

- n2scontact@nhs.net (08:00-17:00 Mon-Fri)
- 01603 228686 option 5 (09:00-12:00 Mon-Fri)
- 07458 131339 (08:00-17:00 Mon-Fri voicemail-only service for late notice cancellation, URGENT post-operative advice and Covid-19 symptom reporting outside the above times – other queries will NOT be actioned)

*Please note: due to the volume of patients we need to see, if you cannot attend this appointment we will only offer you one other before discharging you. We ask that you go back to your optician to be re-referred when you're ready to attend.*

We look forward to seeing you in the practice soon!

Yours sincerely,

N2S Cataract Team

EXAMPLE - FOR N2S USE ONLY